East Longmeadow Council on Aging (EL COA) Tuesday, October 11, 2022 – Board Meeting Minutes

I. Meeting called to order at 9:05AM by Chairperson Theresa Govoni-Moylan.

II. Roll Call:

Erin Koehler, Alicia Smith, Doreen Harrison, Julie Dunlop, Theresa Govoni-Moylan, Barbara Farrell, Michael Sweeney, Frank Guimond, Jane Desilets and Melinda Mandeville. The following were excused: Sharon Giordano, Joseph Barker, Pastor Timothy Sheranko and Robin Frechette.

III. Approval of the September 13, 2022 minutes:

Doreen Harrison entertained a motion to accept the minutes; seconded by Melinda Mandeville. The motion was carried.

IV. Director's Report:

- a. The Tri-Town Trolley's ridership increased to 530.
- b. The Massachusetts Council on Aging's (MCOA) annual meeting is the end of October. Alicia and Erin will attend. Alicia will be presenting. Most topics include how different COA's handled opening after COVID-19.
- c. Erin will attend a Protective Service Meeting.
- d. Meetings were held at Mapleshade School and the EL COA regarding Dementia Friendly. Don Maki produced a podcast on Dementia Friendly.
- e. A good turnout attended the Fire Department's Open House. Attendees donated items for the Food Pantry.
- f. Robin Frechette (Brian Ashe's office) will try to secure an amendment for monies to purchase a new van.
- g. Longmeadow COA held a fashion show (\$11,000 raised) to end Alzheimer's.
- h. A Men's Group (Men's Coffee Chat) meets every Tuesday morning.
- i. Bruce Fenney's Capital Plan for Year 2025 includes air conditioning for the pantry and kitchen.
- j. The Flu vaccine was provided on October 4; COVID-19 vaccine on October 25.
- k. The Massachusetts Cultural Council Awards were submitted.
- 1. The permit from the state arrived for Bingo. Bingo will begin in December.

V. Program/Volunteer Coordinator Report:

- a. "Dinner at the View" sponsored by Fazio's of East Longmeadow served a delicious meal.
- b. The viewing of the foliage trip was a success.
- c. The Supermarket Sweep includes dressing in Halloween costumes. Prizes will be awarded.
- d. Those who participated from EL in the Massachusetts Walk Challenge won second prize of \$500.00.
- e. Two (2) comedy silent films will include live piano accompaniment.
- f. The Veterans dinner will be sponsored and catered b the Texas Road House.
- g. A fee of \$35 will be charged to all vendors attending the December 3rd craft fair.

VI. Legislative Report:

a. Report not given.

VII. Committee Reports:

- a. AAA The group is restructuring.
- b. GSSSI Report not given.
- c. Emergency Planning: A meeting has not been scheduled.

VIII. Volunteer Opportunities:

a. The COA has many volunteers with diverse skillsets.

IX. Meals:

- a. Meals-on-Wheels drivers receive a stipend. The rate is higher than the government "mileage" rate.
- b. The Town Manager has the COA's Bylaws; however, approval has not been given.
- c. Golden Cane Award Report not given.

X. Next Meeting:

a. November 8, 2022 at 9:00AM.

XI. Adjournment:

a. A motion to adjourn the meeting was made by Jane Desilets; seconded by Doreen Harrison. Motion carried.

Respectively submitted by Jae Desilets – October 11, 2022